# VirtualCheckup social media posts

#### February



HealthSelect to the balance of the b

**Share text:** Heart disease is a leading cause of death in the U.S. Find out if you're at risk with a VirtualCheckup<sup>®</sup> by Catapult Health, available at no cost to eligible HealthSelect of Texas<sup>®</sup> medical plan participants, including those enrolled in Consumer Directed HealthSelect<sup>SM</sup>.

Link to VirtualCheckup by Catapult Health page: <u>https://healthselect.bcbstx.com/medical-benefits/catapult-health-virtualcheckup</u>

# VirtualCheckup social media posts

#### March



**Share text:** Get no-cost preventive care from the comfort of home with the VirtualCheckup<sup>®</sup> by Catapult Health. Eligible HealthSelect of Texas<sup>®</sup> medical plan participants, including those enrolled in Consumer Directed HealthSelect<sup>SM</sup>, can order an at-home kit today.

Link to VirtualCheckup by Catapult Health page: <u>https://healthselect.bcbstx.com/medical-benefits/catapult-health-virtualcheckup</u>

### VirtualCheckup social media posts

### April



**Share Text:** There's a new way to get preventive care with the VirtualCheckup<sup>®</sup> by Catapult Health. Eligible HealthSelect of Texas<sup>®</sup> medical plan participants, including those enrolled in Consumer Directed HealthSelect<sup>SM</sup>, can sign up for an athome kit and get started today.

Link to VirtualCheckup by Catapult Health page: <u>https://healthselect.bcbstx.com/medical-benefits/catapult-health-virtualcheckup</u>