

August 2024 Email to Employees

August: Financial Fitness

Hello XXXX Employees,

Financial health is more than numbers and budgets. It's gaining control over your future, reducing stress, and having freedom to pursue your hobbies and dreams with confidence.

There are some great events coming up this month on topics related to financial wellness that we hope you'll make time to attend:

- Aug. 14, 10-11 a.m. CT: [Retirement Planning from New Hire to Retiree with Nick Daugherty webinar](#)
- Aug. 29, 10-11 a.m. CT: [Avoiding Financial Exploitation with Patricia Hord webinar](#)

Other ways to save this month:

- August 9-12 is **Sales Tax Holiday Weekend!** You can save on qualifying items to help prepare for going back to school. Learn more at the [Comptroller's website](#).
- Employees and retirees in the ERS Group Benefits Program can also save on items, subscriptions and travel through the [Discount Purchase Program](#). Join a webinar to learn more about the Discount Purchase Program: [August 15, 2 p.m.](#) or [August 29, 10 a.m.](#)

You can register for these events and more through the [ERS Wellness Events Calendar](#).

Thanks for all you do!

In health,

Your Wellness Coordinator