**Promotional Email from Agency**

Dear [insert agency or higher education institution] employees,

You are invited to attend the 4th annual Adapt & Thrive Virtual Wellness Fair! October 17-19 join us to hear engaging speakers, participate in virtual fitness opportunities and listen to afternoon concerts while you work.

Learn more through the attached flyer [attach flyer or delete this], [promotional trailer video](https://youtu.be/D6z6QX8C47w) and [register today.](https://event.gotowebinar.com/event/f180b565-e4ce-4d78-a8ea-ce366a7570f7)

This wellness fair is a great way to learn about the many benefits available to support you, connect and to have some *FUN* while learning strategies to ***Adapt & Thrive***!

All participants will receive a great “Virtual Swag Bag” and 5 door prizes will be given away at the live sessions (there are 9 live sessions!)

Sincerely,

Your Wellness Coordinator

