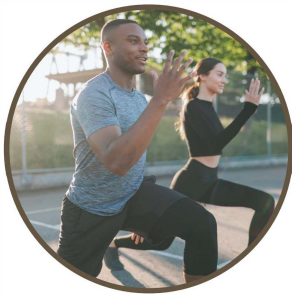
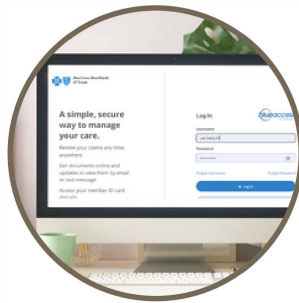


# SEPTEMBER: BRAIN HEALTH 2023



**September 12th  
Fitness Connect  
Community:  
Fitness for Brain Health!**  
10-10:15 a.m. CT  
[Registration Link](#)



**September 19  
Take a Tour: Blue Access  
for Members Overview**  
10-10:30 a.m. CT  
[Registration Link](#)



**September 20 Journey to  
Wellness HealthSelect  
Benefits Overview**  
10-10:45 a.m. CT  
[Registration Link](#)



**September 26  
Nutrition Connect Community  
Nutrition for Brain Health!**  
10-10:15 a.m. CT  
[Registration Link](#)



**August 24  
Building Better Brain Health  
with Valerie Johnson**  
10-11:00 a.m. CT  
[Registration Link](#)



**More Health, More Wealth!  
4-Week Text & Email  
Campaign  
Starts September 18th!**  
[Registration Link](#)