

FEBRUARY WELLNESS OPPORTUNITIES: HEART HEALTH 2022



Topics & Registration Links:



February 10
Matters of the Heart
with Michael Harper, M.Ed.

10 – 11 a.m. CT
[Pre-registration Link](#)



February 16
Journey to Wellness:
HealthSelect Wellness
Benefits Overview

10 – 11 a.m. CT
[Pre-registration Link](#)



February 17
Building Healthy
Relationships with
Celesta Harris Ph.D &
Dr. Townsend, Ph.D.

10 – 11 a.m. CT
[Pre-registration Link](#)

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