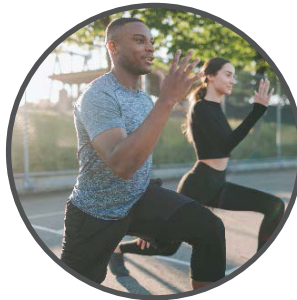


# AUGUST WELLNESS: FINANCIAL WELL-BEING WEBINARS 2022



**August 8**  
**Am I eligible for Public  
Service Loan Forgiveness?**  
Ask the experts at Trellis  
12 – 1:00 p.m. CT  
[Registration Link](#)



**August 9**  
**Fitness Connect  
Community  
Fitness on a Budget**  
10 – 10:15 a.m. CT  
[Registration Link](#)



**August 11**  
**Eating Well on a Budget  
with Holly Cuozzo, MS**  
10 – 11 a.m. CT  
[Registration Link](#)



**August 17**  
**Journey to Wellness  
HealthSelect Benefits  
Overview**  
10 – 10:45 a.m. CT  
[Registration Link](#)



**August 18**  
**Am I eligible for Public  
Service Loan Forgiveness?**  
Ask the experts at Trellis  
10 – 11:00 a.m. CT  
[Registration Link](#)



**August 25**  
**Self-leadership & Your  
Financial Journey with  
Lt. Lynn Floyd**  
10-11:00 a.m. CT  
[Registration Link](#)